

## Course description

### Leadership and Management Skills course for Postdocs

We believe that interpersonal skills, essential for today's challenges in scientific work, can be acquired and developed. Our goal is to enable scientists to productively deal with challenges related to the human aspects of doing science. These aspects are traditionally not taught in academic training and we aim at filling this gap.

#### Goals of the course

Participants will:

- Improve their communication, collaboration and leadership skills
- Understand how to reach career goals:
  - more efficiently (doing things right)
  - more effectively (doing the right thing)
- Improve their (self-) organisational skills
- Learn and practice useful tools for their career in science
- Be encouraged to establish and maintain a peer support group
- Strengthen their professional network

#### Course Topics

- Key communication skills
- Dealing with conflicts constructively
- Organizing your work: setting goals and priorities
- Understanding motivation
- Working in teams
- Delegation
- Establishing and maintaining collaborations
- Dealing with group dynamics
- Mastering the job interview process
- Designing a competence portfolio of transferable skills for future career